



New Roots Herbal Chill Pills

GET YOUR CHILL ON



All New Roots Herbal Products Are Tested
in Our ISO 17025–Accredited Laboratory

Understanding the Nature of Stress

With the constant pressure of deadlines at work, at home, and even at play, it's not surprising that more and more people are finding it harder to cope. Stress contributes to heart disease, high blood pressure, strokes, and other illnesses, and also affects the immune system.

New Roots Herbal Chill Pills can help:

- Promote mental resourcefulness;
- Create synchronous, coherent, constructive brain activity;
- Relax the central nervous system; and
- Calm stressful conditions and facilitate critical decisions.

Ashwagandha

A mood stabilizer that also improves the body's ability to maintain physical effort and adapt to various types of stress.

L-Theanine

Creates an alert yet relaxed state of mind without feeling tired. Theanine has been clinically proven to reduce stress and improve your quality of sleep.

Holy Basil

Its primary active components—eugenol, ursolic acid, and rosmarinic acid—help regulate stress-related hypertension and calm the central nervous system.

Oat and Passionflower Extracts

They are strong relaxants and calmatives.

B-Complex Vitamins

Considered the “antistress vitamins,” they are crucial for the process of immune-cell formation. They also form part of the fabric (myelin sheath) that shields nerve fibres from stressful conditions.

Astragalus

Astragalosides act as adaptogens to protect the body and mind from physical, mental, and emotional stressors.

Phellodendron

Helps support normal levels of the cortisol and DHEA hormones in the body that promote the management of stress-related symptoms; this promotes relaxation and feelings of wellbeing.

Chinese Jujube

Also called *Da Zao*, it calms the spirit and is used to treat irritability.

Magnolia

Standardized to 80% of the two potent phytochemicals honokiol and magnolol, sister compounds which modulate GABA receptors in the brain to effectively reduce stress.

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Each vegetable capsule contains:

Ashwagandha (<i>Withania somnifera</i>) root extract, 2.5% withanolides	125 mg
L-Theanine	100 mg
Holy basil (<i>Ocimum tenuiflorum</i>) leaf extract, 10% ursolic acid	50 mg
Oat (<i>Avena sativa</i>) 10:1 extract	50 mg
Passionflower (<i>Passiflora incarnata</i>) extract, 4% flavonoids	50 mg
Vitamin B2 (riboflavin, riboflavin-5'-phosphate sodium)	27.5 mg
Vitamin B6 (pyridoxine hydrochloride / pyridoxal-5'-phosphate)	27.5 mg
<i>para</i> -Aminobenzoic acid (PABA)	25 mg
Astragalus (<i>Astragalus membranaceus</i>) root extract, 3% astragalosides	25 mg
Choline bitartrate	25 mg
Inositol (<i>myo</i> -inositol)	25 mg
D-Ribose	25 mg
Vitamin B1 (thiamine hydrochloride)	25 mg
Vitamin B5 (calcium D-pantothenate)	25 mg
Inositol hexanicotinate, flush-free (providing 15.925 mg of vitamin B3)	17.5 mg
Phellodendron (<i>Phellodendron amurense</i>) bark extract, 0.1% berberine	15 mg
Chinese jujube (<i>Ziziphus jujuba</i>) fruit	12.5 mg
Magnolia (<i>Magnolia officinalis</i>) bark 50:1 extract, 80% magnolol + honokiol	7.5 mg
Vitamin B3 (niacinamide)	7.5 mg
Folate (from calcium L-5-methyltetrahydrofolate)	500 mcg
Vitamin B12 (methylcobalamin)	75 mcg
Biotin	37.5 mcg

Other ingredients:

Microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of carbohydrate gum and purified water.

V0324-R8 · NPN 80128899

Directions of use:

Adults: Take 2 capsules daily with food or as directed by your health-care practitioner. Not to be taken immediately before bedtime. If you are taking other medications, take this product a few hours before or after them.

Duration of use:

Consult a health-care practitioner for use beyond 4 weeks.

Manufactured under strict GMP (Good Manufacturing Practices).

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